

What do I have to do to shoot a good accurate shot?

- ① You have to align the sights correctly in the aiming area, which will make the shot impact in the centre of the target &...
- ② then cause the pistol to fire without miss-aligning the sights...*read on*

The basics: stance, grip, sight alignment, breathe control, trigger control and follow through are learnt and practiced so as to develop the ability to complete the “*two*” requirements of a good shot.

The main requirements of the Grip are:

1 To be able to hold the sights aligned in the aiming area. This means that with the correct stance, your grip should be such that the front and rear sight will stay in reasonable, natural, alignment. Both the vertical and lateral angle of the grip to the barrel control this function.

2 To be able to operate the trigger so as to make the pistol fire, without miss-aligning the sights. The trigger finger must apply positive pressure to the trigger, be completely free of the grip or frame, and operate independently of the other muscles in the gripping hand. Any variation in grip pressure, as the trigger pressure is applied will affect the sight alignment.

3 To hold the pistol in the same place every time, so there is no variation in the position of the finger on the trigger.

4 To hold the pistol with the same pressure each time to ensure that there is no variation in the relationship between the sight picture and the point of impact of the bullet. We are now talking about the effects of recoil. The recoil should be absorbed straight to the rear, into the arm. If the grip is the same each time then the movement of the front sight will be the same with every shot.

Many “good” shooters have developed their grip with a great deal of time, effort, and analysis. Unlike stance, a good grip is rarely changed, because a good grip allows you to “shoot a good accurate shot.”

The actual wooden grip on the pistol would not be the same for two people, as the shape, size and geometry of their hand and arm would be different. This is where the technical side of grip manufacture comes to the fore. Out of the four requirements above, to be able to fit onto the trigger properly is the first and most important point.