

Women and Juniors

Most women take up shooting "by chance" have a better resistance to hearing defects and cope with noise better than men do.

These are a few of the conclusions reached by those who presented papers to the third scientific technical conference of the I.S.U., held in Rome late last year. The conference was organised by the European Shooting Confederation and concentrated on performance target shooting in ladies and juniors.

Drs. Giuseppe Calderaro and Natalia Sampinatio interviewed 15 women shooters from the Italian National shooting team to come up with the "chance" conclusion. Their paper said that, having chosen the shooting sport by chance, the women's interest in continuing the competitive activity was determined by "the passion generated and stimulated by the practice itself".

(Editor's note: This could apply just as easily to males since the majority of humans continue an activity only for so long as it generates some type of high level person satisfaction.)

Dr. Lucretia Tarasescu of the Centre for Sports Medicine, Bucharest, provided notes on hearing and noise and her study was based on special periodic examination of 121 males and 25 females (including six junior females). According to Dr. Tarasescu the natural resistance shown by women to decrease in hearing capacity or adaptation of fatigue due to acoustic trauma was considered to be the result of natural phylogenetic resistance. She said another factor was that women, with similar training involvement and number of competitions as the males, probably were more careful in following the recommendations about protection of hearing and used their ear coverings more accurately.

Renata Wischinski, a member of the Ladies Committee of the I.S.U., told the conference that her experience of work being done by the German Shooting Federation of G.D.R. indicated that many women and girls have the abilities which are the basic condition for shooting: in particular, precision shooting. They have fineness of movement, co-ordination, purposefulness, stamina and perseverance. She said the biological development of girls ended as a rule, earlier than that of boys. Since the mental and intellectual development runs parallel with the physical one, the girls' skeleton and muscles, their cardio-



Paty Dench, Julie Aitken and Lyn Ulden who will go to South Korea, pictured with Ena Claassens who withdrew.

circulatory system, their emotional, cognitive and volitive qualities, their motor abilities and movement skills, reach a phase favourable for shooting at an earlier age than the boys. "This enables an earlier start of a purposeful and systematic training of the girls; enables them to achieve top performances before their time for sports activities becomes too restricted by family and professional commitments."

The published papers from the conference include some early work on the affect upon women shooters of the hypophyse hormones, the sexual glands, the adrenal gland, the pancreas, as well as the thyroid gland and the parathyroid.

Much research remains to be done in all these areas and with the first conference devoted entirely to the subject of women and junior girls, the I.S.U. has emphasised the need for this research.

CHANGES OF ADDRESS - Please note that these DO NOT come to the Editor unless you are a non-member subscriber (i.e. you don't belong to the APSUA). Read last issue carefully!

WINCHESTER SPONSORS INNOVATIVE MATCH

The Mount Gambier Pistol Club has gained generous support from Winchester for an entirely new type of event. This is the Winchester "Xpert" four match, one gun, Championship to be held on November 25th and 26th. The Championship will be shot with I.S.U. regulation standard pistols (i.e. 1000 g. trigger) and will involve full courses in rapid, free, standard and

the centre fire course.

Entry has been limited to 80 shooters, with an overall entry fee of \$10.00. The competition will be over two days of shooting.

The overall winner will receive a case of Winchester "Xpert" . . . Individual match prizes will be sponsored by Schweppes Australia.

The four match, one pistol, championship is one of a number of exciting events programmed for the coming months at the Mount Gambier Pistol Club. (See advertisement this page).

3 MAJOR EVENTS AT MOUNT GAMBIER

WINCHESTER "XPERT" ONE GUN, FOUR MATCH, CHAMPIONSHIP - NOVEMBER 25th and 26th

Limit of 80 shooters - \$10.00 for four matches - over \$300.00 worth of prizes

ALSO SPONSORED BY SCHWEPES AUSTRALIA

Entries close 15th November

ANNUAL OPEN SHOOT - 30th and 31st DECEMBER

All events (graded) usual trophy lineup - Entry forms being distributed but extras available from Secretary - New Year celebration

SOUTH AUSTRALIAN TITLES - 27th, 28th, 29th JANUARY - \$5.00 per match

Preference to South Australian shooters, but special trophy list for Inter-State shooters accommodation permitting.

Enquiries to Secretary, Box 323, Mount Gambier. 5290

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